

CONSCIOUSNESS AND MONEY

Explore your relationship with sufficiency of money by answering these questions.

To me money is ...

What are your beliefs about money?

What were your parent's beliefs about money?

How do the three myths about money from Lynne Twist show up in your life:

- There is never enough
- More is better
- That's just the way it is

I'll have enough money when ...

My "number" is? (What amount of money would you need to have so that you could relax about money?)

Fear for me comes up around money because ...

My greed, lust, wanting shows up for me around money when ...

My avarice, stinginess shows up for me around money when ...

What does it feel like in your body, heart, mind and soul to experience lack?

What does it feel like in your body, heart, mind and soul to have enough/sufficiency?

How are you demonstrating radical responsibility and impeccability around agreements in the following areas:

- Debt
- Savings
- Investing
- Budgeting
- Financial planning

What is your relationship to giving/tithing?